

CLINICAL RESEARCH: WHAT'S IT ALL ABOUT?

...a focused training for busy investigators and study teams

COURSE DIRECTORS & INVITED PRESENTERS - SHORT BIOGRAPHY

Inês Zimbarra Cabrita (Course Director)

Inês has a PhD in Cardiovascular Sciences at the National Heart and Lung Institute at Imperial College London. She has graduated at the Lisbon School of Health Technology, obtaining a BSc degree in Cardiopneumology (2001), after which she obtained a Masters in Medical Imaging Ultrasound (2006) and later completed a 2-years Master focused on Monitoring, Quality and Statistics at University of Ferrara, Italy (2016).

Inês is the Chief Operating Officer of the CRO AIDFM-CETERA, since 2013, and additionally has been Project Manager of several clinical trials, overseeing and managing a team of 8 people.

Since 2012, Inês also is the Scientific Coordinator of GAIC, a Cardiovascular Research Support Unit at Hospital Santa Maria, CHLN, where she is responsible for the coordination of all scientific activities and the management of more than 50 research projects, including phase II to IV trials and non-interventional studies.



Francisca Patuleia Figueiras (Course Director)

Francisca has a PhD in Biomedicine at Universitat Pompeu Fabra, Barcelona, Spain. She has graduated at Faculty of Science and Technology - New University of Lisbon where she obtained her Integrated Master's degree (MEng) in Biomedical Engineering (2007). Francisca worked as post-doctoral researcher at the Institute of Psychiatry, Clinics Hospital - University of São Paulo, Brazil. In 2016, she completed a 2-years Master focused on Monitoring, Quality and Statistics at University of Ferrara, Italy.

Francisca is the Scientific Affairs & Business Development Manager at the CRO AIDFM-CETERA where she also conducts training programs and scientific initiatives for general public. Also, Francisca is Project Manager and Senior Clinical Research Associate of several clinical trials, being responsible for their implementation, management and monitoring activities. and also.

Since 2013, Francisca is also a Scientific Advisor of GAIC, a Cardiovascular Research Support Unit at Hospital Santa Maria, CHLN, where she has collaborated in the coordination and management of more than 30 research projects, including phase II to IV trials and non-interventional studies.



Gaia Kiru

Gaia Kiru joined Imperial College London in 2007 and currently holds the position of Commercial Operations Manager within the UKCRC registered Imperial Clinical Trials Unit (ICTU) in the School of Public Health within the Faculty of Medicine.

Gaia has over 12 years experience of managing both academic and commercial clinical trials and studies, both in the UK and internationally - including protocol design, regulatory submissions, budget control, pharmacovigilance, monitoring, data management, drug supply, and recruitment and retention of trial subjects.

Gaia Kiru received her Ph.D. at Imperial College London and additionally holds an MBA in Health Services Management from the University of Plymouth and an MSc in Pharmacology from Kings College London.



Dulce Brito (Invited Speakers)

Prof. Dulce Brito received her MD from Lisbon University Medical School in 1982. After obtaining her Doctoral degree (PhD.) in 2007, at the same Faculty, in the area of Cardiomyopathies, Dulce Brito was appointed to her current position as Invited Professor of Cardiology at Lisbon University Medical School.

Currently, Prof. Dulce Brito is cardiology consultant and researcher at the Cardiology Department at Santa Maria University Hospital (Cardiology Department), Head of the Cardiomyopathies Unit, and coordinator of the inpatient Cardiology Unit where several clinical trials and studies are conducted.

To the present, she has participated in over 17 international therapeutic investigational clinical trials, most as local PI (Principal Investigator) coordinating different teams and promoting Investigator driven research at the department. She is also a Senior Investigator at a H2020 Sponsored Clinical trial.

Dulce Brito has published over 90 scientific full papers, and over 130 conference proceedings (published abstracts), and has presented over 280 lectures/chairpersonships at national and international meetings.



Pedro Carrilho Ferreira (Invited Speakers)

Pedro has a MD from the Faculty of Medicine of the University of Lisbon, and currently works as Attending Cardiologist in Santa Maria University Hospital. During residency, he spent four months in the Interventional Cardiology Unit of the Academic Medical Center in Amsterdam, the Netherlands, and at the moment is completing the subspecialty in Interventional Cardiology. His main areas of interest are coronary artery disease and valvular heart disease.

He has teaching duties at the Faculty of Medicine of the University of Lisbon since 2005, and currently is Invited Assistant of Cardiology. He has supervised several Integrated Masters in Medicine, and collaborates in different optional disciplines and post-graduate courses. Between 2011 and 2012 he was also a teacher in the Master of Cardiovascular Diagnosis and Intervention of the Lisbon School of Health Technology and the Faculty of Medicine of the University of Lisbon.

Pedro has extensive experience in clinical research. He participated in more than 20 multicenter registries and clinical trials, as co-investigator, and designed and developed several investigator-initiated studies.



Catarina Sousa

Catarina has a MD from the Faculty of Medicine of the University of Lisbon, where she currently is an invited assistant. During her 5 years of training she spent 3 months at the Intensive Care Unit, at Saint Thomas' Hospital in London and 5 months at the Cardiothoracic Intensive Care Unit at Royal Brompton Hospital in London. Currently, Catarina is an Consultant Cardiologist at Centro Hospitalar do Barreiro-Montijo, E.P.E. Her background includes a long-standing experience in drug safety, having completed several courses on pharmacovigilance in the last years.

As Consultant Cardiologist, Catarina has also participated in several Phase III clinical trials, as Principal Investigator and Co-Investigator.

At CRO AIDFM-CETERA Catarina is the Medical Advisor, since 2014, providing clinical guidance to the team members, being responsible for the medical revision of clinical data and safety and efficacy events. Catarina also coordinates the Medical Writing & Translation Department.



Cristina Valente

Cristina has a PharmD at University of Lisbon. Also, she attended 3 years in Medicine at Nova University of Lisbon.

Cristina is Country Study Manager and Country Study Specialist at Roche, being responsible for the implementation and management of several phase II to III clinical trials in prostate and breast cancer. Recently, Cristina joined CRO AIDFM-CETERA team as External Advisor participating in the training programs.

During 6 years, Cristina was a Clinical Research Associate in the pharmaceutical industry where she was responsible for the monitoring of several phase IIa, IIb and III trials in psychiatry, neurology, oncology and in cardiovascular diseases. Later in 2013, Cristina was Clinical Operations Project Manager and CRO Manager at Servier where she was responsible for the management of several phase IIa, IIb and III trials in cardiovascular diseases, osteoarthritis, diabetic kidney disease and oncology.



Susana Silva

Susana obtained her BSc. in Biomedical Engineering in the Polytechnic Institute of Bragança (IPB) in 2013. In the same year, she made a summer course in Germany about "Designing Devices for Healthy Ageing - An International Challenge", and initiated the Master's degree (MSc) in Biomedical Technology also in IPB. In 2015 she finished the MSc with her thesis on "Gaseous embolism in microchannels and Flow Focusing Technique in the Production of Microparticles PDMS" with partnership with the University of Extremadura in Badajoz, Spain.

Since 2016, Susana is working at the Cardiovascular Research Support Department (GAIC) being Study Coordination her main activity.



Marta Capinha

Marta obtained her Integrated Master's degree (MSc) in Psychology at the Faculty of Psychology and Educational Sciences – University of Coimbra, in 2009. She is specialist in Clinical and Health Psychology and Forensic Psychology by the Portuguese Psychologists' Order.

From 2010 to 2017 she worked as coordinator of multidisciplinary teams, supporting diverse clinical and technical activities in the development of several community intervention programs and as a clinical psychologist in individual support. Along her professional career Marta participated in several research projects in healthcare, and supported diverse clinical and research activities. She is also co-author of several scientific publications.

Since 2017, Marta is working as Study Coordinator and Regulatory Affairs at the Cardiovascular Research Support Department (GAIC).

