

AIDFM CETERA

ACADEMIC CONSULTING RESEARCH ORGANIZATION



CLINICAL RESEARCH: WHAT IS ALL ABOUT?

...a focused training for busy
investigators and study teams.

PARTICIPANTS INTERVIEWS

2nd edition

16 & 17 October 2017



NAME ANA NORONHA (Study Coordinator)

01 WHAT HAVE YOU ENJOYED THE MOST ABOUT THE TRAINING? WHAT HAVE YOU CONSIDERED AS A GAIN?

Theory was what I enjoyed the most. However, having it supplemented with practice is very important. Anyone who has never worked in clinical trials should realize that the course not only includes a practical component, but it also develops a practical work, too.

02 WERE THERE ANY GAINS FOR YOU?

For anyone willing to work in clinical trials, it is vital to have a depth knowledge about clinical trials, including the ethics behind conducting a trial. Mostly, knowing what has to be done before starting a clinical trial is of essence. This course taught us all the necessary steps to reach good results

03 IF YOU WERE TO RECOMMEND THIS COURSE, WHAT WOULD YOU SAY?

It's a useful way to start doing research in our country.



NAME DANIELA ALMEIDA (Pharmacist)

01 WHAT DID YOU LIKE THE MOST ABOUT THE TRAINING?

I enjoyed the wider picture about what it's done in clinical research, the perspective of Doctors, Monitors and CROs. Learning a bit more about what each and everyone does.

02 WERE THERE ANY GAINS FOR YOU?

First, the knowledge conveyed during the first two days was essential. Second, each of us have learnt what we were supposed to do and what were our individual responsibilities. All of these helped us to have a better understanding about clinical research.

03 IF YOU WERE TO RECOMMEND THIS COURSE, WHAT WOULD YOU SAY?

Most of all I'd say that this is a complete course, covering a vast area and including many details. I could have an overall view of clinical research and organize my ideas.



NAME MARIA SILVA (Cardiologist)

01 WHAT HAVE YOU ENJOYED THE MOST ABOUT THE TRAINING? WHAT HAVE YOU CONSIDERED AS A GAIN?

By the time I had the course, I had already started with Clinical Trials in my unit, although I had no basic and no specific training in this area. So, it was very important to have the chance to consolidate knowledge I lacked about clinical trials.

02 WHAT HAVE YOU CONSIDERED AS A GAIN?

I cannot select one single gain. The course was very important because I was unfamiliar with the contents and the jargon. What I can say globally, it's that it was rewarding.

03 IF YOU WERE TO RECOMMEND THIS COURSE, WHAT WOULD YOU SAY?

I'd recommend to almost all the staff in my unit (in Coimbra) who is now participating in a clinical trial, as I believe they have a very straight forward looking on the area.

NAME MARIA SILVA (Cardiologist)

I would and I will tell them that this is a very important course for someone who will start or is already practicing clinical for quite some time. This course enhances the value of practicing alone and that's why I think they should do it.



NAME TIAGO VILLANUEVA (General Practitioner/ Medical Editing)

01 WHAT HAVE YOU ENJOYED THE MOST ABOUT THE TRAINING?

I enjoyed the trainers and the training contents.

02 WHAT HAVE YOU CONSIDERED AS A GAIN?

Having had access to the training materials was very important. Having the modules available online was an added-value.

03 IF YOU WERE TO RECOMMEND THIS COURSE, WHAT WOULD YOU SAY?

I'd say it's interesting. The first day was a bit annoying because timetables were not complied with. The training dragged along beyond schedule, and I had to leave earlier to attend to other commitments.



NAME VASCO PEIXOTO (Doctor, Public Health)

01 WHAT HAVE YOU ENJOYED THE MOST ABOUT THE TRAINING? WHAT HAVE YOU CONSIDERED AS A GAIN?

The in depth approach to all processes from legislation, GCP, international organizations, issuing process operational guidelines and recommendations, and the critical parts of the process where things can fail. It was very encompassing, we've moved from practical details of our national situation, including here at the Hospital Centre (its involvement with the pharmaceutical industry, researchers, professionals of the community – Doctors and other Healthcare Professional to the assignments of Coordinators, Sponsors and CROs).

02 WHAT HAVE YOU CONSIDERED AS A GAIN?

The most important thing I acquired ... well, I'd say that there is no one single most important aspect. The major benefit of these sessions is to acquire a certain type of integrated knowledge and understanding, otherwise I would have to do it myself, and it would have cost me a lot of time and effort to understand, research, and reading a whole set of different documents, which in this course were already organized, exposed and integrated in practical terms.

NAME VASCO PEIXOTO (Doctor, Public Health)

The experience shared by those already working in these areas everyday has the benefit of bringing a much more integrated and critical view. And this is totally different from those who just read the official papers.

This training is highly relevant for it also bridges gaps we may have and increases knowledge. One can easily understand that participants come from different backgrounds, look at things from different perspectives and can add something to their own experience and that of other participants.. The questions raised by different participants are somewhat complementary (medical staff don't understand many issues related with administration, organization and legislation). Some raised questions that other participants know the answer and end up sharing their knowledge and experience.

I was very fond of Professor Dulce Brito. The course is very well organized and is encompassing. We have access to the materials.

There are other courses (namely master degrees) which touch upon some clinical research components. In just 2 days, we were able to have a more encompassing view. The contacts we established were beneficial. The duration was not too long, and the number of participants was quite high. A good dissemination of the course will attract more interested persons to the course.

03 IF YOU WERE TO RECOMMEND THIS COURSE, WHAT WOULD YOU SAY?

Anyone interested in research, quality assurance and processes that improve decision making, Doctors specially, realizes how important it is to understand the quality level of research and its operational processes. Therefore, I think they will be ready and open to join these courses. Also, we are open and willing to pro-actively suggest other type of research, since anything that can improve our knowledge is important. We should have a critical view and be aware of what happens around us so we can have a better understanding of how to protect the interests of our patients and the society we live in.